

CILANTRO LIME QUINOA SALAD

This is a delicious quinoa recipe that uses all the flavors of summer. It can be served warm or cold and is great on its own as a vegetarian dish or as a side item.



INGREDIENTS

1 cup quinoa, dry
½ cup garbanzo beans
1 avocado, chopped
½ cucumber, peeled and diced
15 grape tomatoes, sliced in halves
3 tsp red onion, finely chopped
¼ cup fresh cilantro, finely chopped
1 lime, juiced
½ tsp cumin
Pinch of salt

Add-in: fresh feta or goat cheese

METHOD

Cook quinoa as per package instructions and let it cool. Combine the rest of the ingredients with quinoa and mix gently just to combine. Adjust salt and spices to taste