

## GUACAMOLE

I don't mean to brag but my family and friends have told me that my guacamole is just about the best around. Maybe it's because I make it with love knowing who is going to eat it. This is a staple in our household every week. We put it on salads, tacos, or just have with chips. *Makes 2-4 servings*



## INGREDIENTS

2 avocados, mashed  
1/4 yellow onion, finely chopped  
1/4 cup cilantro, finely chopped  
1 lime, juiced  
1/2 tsp sea salt

## METHOD

1. Mash avocados with a fork.
2. Add onion, cilantro, and lime. Sprinkle with salt.
3. Gently fold ingredients together.
4. Adjust for flavor if needed.